

Mental Health Month 2019

PROCLAMATION

“#4Mind4Body”

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there is a strong research that animal companionship, humor, spirituality, religion, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health and other chronic health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, Seward County, does hereby proclaim **May 2019** as **Mental Health Month** in Seward County Kansas and calls upon the citizens, government agencies, public and private institutions, businesses and schools in Seward County Kansas to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.



C.J. Wettstein

4/15/19

Date



Nathan McCaffrey

4-15-19

Date



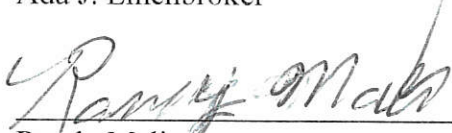
Ada J. Linenbroker

Date



Jim Rice

Date



Randy Malin

Date